

# CABO PLATINUM CLEANING CHECKLIST

## **Ventilate Rooms Before & During Cleaning**

Open windows at least 20 minutes before cleaning to allow fresh air to circulate throughout the room. Leave windows open during the entire cleaning process.

## **Wash Hands Before & After Cleaning**

Scrub your hands with a disinfectant soap for a minimum of 20 seconds. Make sure to scrub the front and back of your hands, as well as under your fingernails. If adequate soap is not supplied, use a hand sanitizer with at least 60% alcohol.

## **Use Disposable Products and/or Wash Cleaning Products According to Guidelines**

It is important to use different cleaning products (rags, paper towels, etc.) between surfaces to reduce the potential spread of infection. If using reusable cleaning products, machine-wash them at highest heat setting for the material and always use a different rag on different surfaces.

## **Clean First, Disinfect Second**

Cleaning is the process of removing dirt, germs, and other particles on a surface. Disinfecting is the process of killing all germs by use of bleach and/or cleaning ingredients with alcohol. Doing both, in this order, is the best way to reduce the chance of spreading or contracting infection.



## **Use the Correct Disinfectant**

Based on findings from the WHO and CDC, the following solutions are acceptable disinfectants against COVID-19:

- Diluted bleach solutions
- Products with at least 70% alcohol
- Common disinfectants registered by the Environmental Protection Agency

## **Clean ALL Surfaces, with Special Focus on Frequently Touched Surfaces**

Most frequently touched surfaces tend to be: light switches, doorknobs and handles, remotes, faucets, refrigerator, and more.

## **Don't Forget the Floors and Fabrics**

It is important to make sure all dirt, grime, and other germs are removed from the floors, carpets, rugs, drapes, duvet covers, and more. If necessary, machine-wash these items at their highest allowed heat setting.

## **Wash ALL Towels & Linens at the Highest Recommended Heat by the Manufacturer**

This includes bath towels, hand towels, face towels, pool towels, bedspreads, blankets, sheets, duvet covers, and pillowcases.



## **Clean and Disinfect ALL Cleaning Supplies & Laundry Baskets**

Remove liners from laundry baskets and machine-wash after every use. Additionally, make sure and spray all cleaning products down with a disinfectant after every use.

